

#### Job Title: Suicide Prevention Therapist

Salary: £33,000 pro rata

Hours: 0.6 FTE (22.5hrs per week across 3 days) – working days to be confirmed at interview stage.

## Location: Newcastle

Reports to: Head of Centre

## The opportunity

We are seeking to recruit a Suicide Prevention Therapist to support men in suicidal crisis at our centre in Newcastle. We are looking for an experienced mental health professional or therapist with demonstrable interest in suicide prevention. We will work with you and train you to develop your therapeutic skills to offer our collaborative semi-structured psychologically informed intervention. You will support the centre user and their supporter(s) to recover from the suicidal crisis and maintain their safety. You will report to the Head of Centre.

This appointment is part of our growth as a charity. The successful candidate will join an experienced supportive team and will gradually build a caseload supporting men in suicidal crisis to meet the growth of referral partnerships and increased awareness raising in Newcastle.

# The Charity

James' Place exists to stop men dying by suicide. We offer free, life-saving therapy from trained, professional therapists to men in suicidal crisis. We opened our first centre in 2018 in Liverpool, the first of its kind in the UK, in 2022 we launched our second centre in London, and this year we opened our third centre in Newcastle. To date, we have supported over 2,300 men through our life-saving intervention. James' Place aims to make the experience of finding help as easy as possible. It offers men a brief, intensive, therapeutic intervention in a safe, welcoming, environment. Men who walk through the door at James' Place will be in a space where they feel valued and respected.

Building on the success of our centres in Liverpool, London, and Newcastle, we are now expanding our model to reach more men in suicidal crisis. Our aim is to have five centres open by 2026.

#### Skills, Knowledge & Experience

Before starting your application, please read the below in full to understand the requirements of this role. The key criteria which will help us to assess candidates are listed below. There is guidance to highlight at which stage the criteria will be assessed.

Assessment Method: A Application / I Interview / T Task

	Assessment Method
Essential Qualifications	
A Core Profession such as Mental Health Nurse, Occupational Therapist or Social Worker registered with NMC, HPC, BASW.	А
Or	
Therapists registered with IAPT, BACP, UKCP, BABCP.	Α
Or	
Psychology Graduate with experience of working as a Psychology Assistant or extensive experience of working within secondary mental health services	Α
Essential Knowledge/Experience	
Demonstrable experience working with adults experiencing acute psychological distress	A/I
Demonstrable knowledge of the impact of suicide on communities and individuals	A/I
Demonstrable knowledge of social and other factors which could lead to suicidal thinking and actions	A/I
Demonstrable knowledge of the particular difficulties contributing to male suicide	A/I
Evidence of being able to deliver a therapeutic session	Α
Effective communication skills (written & verbal)	A/I/T
Good interpersonal skills with the ability to manage difficult situations	A/I/T
Able to assess, plan, implement & evaluate therapeutic interventions	А
Able to work as an effective team member	A/I
Able to prioritise own workload	Α
Self-motivated, uses own initiative and will make decisions	A/I
Good time management	A/I/T
Promotes people's equality, diversity, and rights	I

Knowledge and understanding of Safeguarding Procedures	A/I
Knowledge of Service Governance and Evaluation	A/I
Commitment to clinical supervision	A/I
James' Place Values	
Ability to demonstrate and engage with James' Place values:	
Focus	A/I
Bravery	A/I
Compassion	A / I
Норе	A/I
Respect	A/I
Professionalism	A/I
Essential Skills	
Commitment to working with men who are experiencing a suicidal crisis and their supporters.	A/I
An ability to work in a therapeutic environment.	Α
An ability to manage therapeutic sessions.	Α
An ability to maintain boundaries within a time-limited intervention.	Α
An ability to maintain up to date service user records in line with James' Place standards.	A / I
Able to conduct effective risk assessments and collaborative safety plans with men who are presenting with a high risk of suicide or be willing and able to learn how to	A / I / T
do so.	
An ability to maintain own personal safety and the safety of others within the centre.	A/I

An ability to identify if the service offered is not adequate to maintain the persons safety and facilitate a rapid transfer to the most appropriate service.	А/І/Т
An ability to collaborate with centre users in the development of a person centred, individual intervention plan.	A/I
An ability to engage the service user in the intervention plan, overcoming barriers to communication.	A / I

You must hold the relevant qualification to be considered for this role.

Any job offers made are subject to the receipt of two relevant satisfactory employment references. We expect this to include one from your most recent or current employer. Any job offers made are also subject to a satisfactory DBS check and a Right to Work in the UK check.

James' Place is committed to promoting a diverse and inclusive community. Our aim is that no job applicant, temporary worker, or employee receives less favourable treatment on the grounds of age, disability, gender and transgender status, race and ethnicity, religion, and belief (including no belief), marriage or civil partnership status or sexual orientation.

If you have a disability which means you'd benefit from any adjustments to the interview process to help you perform at your best, please do let us know in advance.

We offer:

- Generous pension scheme
- Family friendly policies
- Death in service insurance scheme
- Costs of supervision

# How to apply

Closing date for applications is 09:00 on 22/4/25.

First round of interviews is likely to be week commencing 28/4/25.

To apply, please submit your CV with cover letter explaining why you are applying for this role to <u>Lisa.Macdonald@jamesplace.org.uk</u>. It is important to demonstrate you have the knowledge, skills and experience we are looking for in your CV and cover letter. Please keep your cover letter to less than 2 sides of A4.